



Smile USA®
Center for Educational Excellence



ROSEMAN UNIVERSITY
OF HEALTH SCIENCES
COLLEGE OF DENTAL MEDICINE



OROFACIAL PAIN, TMD AND DENTAL SLEEP MEDICINE CONTINUUM

150 CE HOURS

Starting NOV 2026 - Online

March 2027 - In person

Elizabeth, NJ

BONUS!

FREE access to 100 hrs of clinical
pioneer case series by Shore TMJ LLC
worth \$1799

Online Didactic Learning • Hands-On Training • Live Clinical Sessions

Attending doctors will not perform any procedures on patients

**Valid License to practice
in the US Required**

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MESSAGE FROM OUR DIRECTORS



**Dr. Davis Thomas BDS, DDS, MDS,
MSc Med, MSc**
Program Director and Faculty



Dr. Shankar Iyer DDS, MDS,
Past President AAID
Academy Director and Faculty

We invite you to participate in the masters' clinical series presented by Smile USA®. Dr. Davis Thomas is an expert in his field and will not hold back information. Instead, his main goal is to make sure you get what you deserve with unbiased, fair, non-commercial, sound knowledge upon which you will build your career in TMD & Sleep Medicine. TMD is an area of dentistry that is often confused with full mouth rehabilitation, neuromuscular dentistry, and biofunctional concepts utilizing gadgets and devices that have a minimal role in the science of creating harmony in the stomatognathic system. This is an evidence-based program that explores the myths and provides a systematic approach to managing TMD, Sleep Apnea, and management of the worn dentition. We are confident that you will graduate as an astute practitioner competent in diagnosing complex oro-facial pain conditions and developing custom management plans that will benefit your patients.

Orofacial Pain (OFP) is a recognized dental specialty in the United States of America. It has been recognized as a sub-specialty of Dentistry in several countries such as Canada, Brazil, Israel, and also by the US military. The complex nature of OFP conditions and the cross-over to other branches of dentistry and medicine makes the diagnosis and treatment of OFP conditions often cumbersome and challenging. The lack of coordination and consensus amongst different organizations concerned with managing these patients also makes this a complex issue. TMJ conditions form only a portion of these OFP diagnoses.

This course is meant to enhance the understanding of OFP/ TMJ/ TD conditions/Dental Sleep Medicine and train the candidates in the principles of evidence-based diagnosis and treatment plans for these conditions. The science of Sleep Medicine and the treatment of sleep disorders have been going through explosive advances in the past two decades. The significant morbidity and mortality associated with sleep disorders are well documented in the literature. There is a growing interest in the dental profession to learn how to treat patients with sleep-disordered breathing with oral appliances. This course is intended to help dentists understand in-depth, Dental Sleep Medicine and philosophies of treatment of sleep disorders. We hope that at the end of the course, the dentist would have an in-depth knowledge of the basics of sleep medicine, and dental sleep medicine, and a good understanding of when and how such a treatment modality could be incorporated into Dental Practice. Pain is integrally related to sleep. This comprehensive course includes in-depth online didactic, as well as on-site didactic, and clinical hands-on components with one-on-one interactions with faculty, making it one of a kind in this field.

INSTRUCTORS



**Dr. Davis Thomas BDS, DDS, MDS,
MSc Med, MSc**
Program Director and Faculty

Dr. Davis Thomas is a licensed dental practitioner who is leading in the field of Orofacial pain. His postgraduate training focuses on the treatment of complex cases of Craniomandibular Disorders, Oro-Facial Pain conditions, and treatment of Obstructive Sleep Apnea. His education in dentistry includes a Bachelor of Dental Surgery (Kasturba Medical College of Dentistry, Manipal, India), Doctor of Dental Surgery (New York University College of Dentistry), Masters in TMD and Orofacial Pain (Rutgers University, New Jersey), Masters (MSc Med) in sleep medicine from the University of Sydney medical school, Australia & MSc in the Clinical Management of Pain, Univ. of Edinburgh, England. Dr. Thomas has had over 25 years of experience as a practicing dentist, and over 15 years as faculty in Orofacial pain at US dental schools.



Dr. Shankar Iyer DDS, MDS,
Past President AAID
Academy Director and Faculty

Dr. Iyer graduated with honors from the New York University College of Dentistry and went on to pursue graduate studies in Prosthodontics from the same University. He taught as a clinical Assistant Professor for several years at NYU's department of Post Graduate Prosthodontics. Currently he holds two appointments in the departments of Periodontics and Prosthodontics at Rutgers' University Dental School, New Jersey. Dr. Iyer is a Diplomate of the American Board of Oral Implantology/Implant Dentistry and a Fellow of the American Academy of Implant Dentistry. He is the Director of the prestigious AAID Implant Maxicourse held in Asia with centers in Abu Dhabi and Bangalore. He co-directs these courses at Rutgers University, New Jersey. Nova Southeastern University, Florida, Roseman University, Utah and Newport Beach, California. Dr. Iyer was inducted as a Fellow in the Royal College of Physicians and Surgeons, Glasgow and has Fellowships in reputed organizations such as the Greater New York Academy of Prosthodontists, and the Dental Facial Esthetics Academy. He is the Past President of the American Academy of Implant Dentistry and regularly participates in volunteering for the Annual Meetings of the Academy as a Scientific Chair. Dr. Iyer has lectured in 37 countries and has presented in over 160 Symposia in Implant Dentistry and Prosthodontics.

COURSE OBJECTIVES

- To understand the basic principles of diagnosis and differential diagnosis of Orofacial pain conditions.
- To identify common TMJ/TMD issues and to gain in-depth knowledge of their management. Know the principles of TMJ appliances. Understand the different types of headaches, classification of headaches, and identify red flags in headaches.
- Understand the principles of occlusion and discuss the myths of occlusion. Identify the non-dental causes of toothaches.
- Understand Myofascial pain and referral patterns of pain to teeth and associated structures, and management of the same. Learn about neuropathic dental pains and their management.
- Discuss the value of such techniques as jaw tracking, jaw vibration, scans, etc in an evidence-based, literature-based manner. Gain in-depth knowledge about sleep disorders and learn the diagnosis and management of Obstructive Sleep Apnea.
- To treat cases that have been in remission with prosthetic rehabilitation. To recognize when to treat and when not to treat wear and its association with TMD

COURSE OUTCOMES

- The participants should be able to diagnose mainstream cases of orofacial pain and understand their etiology, differential diagnosis and management.
- Ability to diagnose TMJ disorders and create a scientific approach for management.
- Work with a physician and establish patterns of sleep disorder for an effective interdisciplinary approach to managing obstructive sleep apnea.
- Be able to understand and prescribe correct pharmacological agents for managing orofacial pain.
- Understand the various appliances for interdisciplinary dentofacial orthopedics and obstructive sleep apnea.

DETAILED COURSE CURRICULUM

STEP 1: 80 hrs • Didactic Online • Clinical Demo Starting November 2026

SESSION ONE: Anatomy: Gross neuroanatomy, Head and neck structures, TMJ anatomy Neuron: Anatomy and Physiology

SESSION TWO: TMJ: Function, Biomechanics, Histology, and Imaging
Pain terminology; Neurophysiology of pain

SESSION THREE: Dental Sleep Medicine: Stages of sleep; Neurophysiology of sleep; sleep disorders; Sleep-related bruxism; Snoring and obstructive sleep apnea; Sleep and pain

SESSION FOUR: Non-odontogenic Pain, Musculoskeletal Pain: Myalgia; Myofascial pain; TMJ arthritides; Fibromyalgia

SESSION FIVE: Neuropathic Pain: Neuralgias; Neuropathies; Nerve injuries; Traumatic neuroma

SESSION SIX: Headaches: Primary; Secondary; Neurovascular orofacial pain

SESSION SEVEN: Pharmacology for OFP Imaging for OFP

SESSION EIGHT: OFP case work up: Case history; comprehensive evaluation; differential diagnosis; diagnostic tests

SESSION NINE: Pain mnemonic for history taking; art of effective history taking

SESSION TEN: OFP clinical examination part 1

SESSION ELEVEN: OFP clinical examination part 2

SESSION TWELVE: Evaluation in dental sleep medicine

SESSION THIRTEEN: Case discussions, Question answer sessions

QUIZ (IN MULTIPLE CHOICE FORMAT) UPON COMPLETION

STEP 2 (Module 1) : 20 hrs • On-site • 3 Day session • Didactic and clinical March 5th – 7th 2027

DAY ONE

- Review and familiarize with the Orofacial Pain form
- History taking and systems review
- Clinical examination of OFP patients
- Diagnostic testing
- Imaging discussion
- Differential diagnosis

DAY TWO

- Adjunctive testing
- Sleep history form
- ESS, PQSI, and other forms
- OSA screening
- Treatment planning for OSA case
- Diagnostic testing
- Possible referral to sleep physician
- Bring your patient here for MAD appliance impression and bite registration

DAY THREE

- Case discussions
- Question answer session
- Quiz (in multiple choice format) upon completion of each session

STEP 3 : 50 hrs • On-site • Two – 3 Day session • Didactic and clinical June 4th – 6th & August 6th – 7th 2027

Module 2

Day 1 Didactic: Overall review of topics covered to date; Advances in the same

Clinical: OSAMAD appliance insertion; postoperative instructions; schedule re-call

Day 2 Didactic: Advanced pharmacology; sleep pharmacology

Clinical: Comprehensive OFP clinical evaluation

Day 3 Didactic: Surgical management in TMD; ENT issues in OFP

Clinical: Trigger point injections; diagnostic blocks: spray and stretch

Module 3

Day 1 Didactic: Occlusal concepts and OFP: full mouth rehabilitation.

Clinical: OFP patient cases

Day 2 Didactic: Systemic causes of OFP; movement disorders in OFP.

Clinical: OFP patient cases

Quiz (in multiple-choice format) upon completion

Day 3 Didactic: OFP and its relation to other specialties:

Practice management principles in OFP and Dental

Sleep Medicine; Psychology of OFP.

Clinical: OFP patient cases

GRADUATION: August 2027



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Center for Educational Excellence

Registration Form

Name:

Date of birth:

Specialty:

Address:

City:

State:

Zip:

Telephone:

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License number:

(Kindly attach a copy of your license)

Course fees & payment selection

Price: \$7,500

\$1,000 required for registration (non-refundable)

Payment options: Credit Card

CC#:

EXP:

Security code:

Signature:

- Payment plan with installments can be arranged.